

Livermore Elementary

April 8, 2021

INCLUDED THIS WEEK:

- April Calendar
- Quick Links: Menus
- Yearbook Cover Contest Info.
- Fruit & Veggie Game
- Stem-X information
- Updated Covid Protocols
- CMAS Information
- Preschool Info. For Next Year



Special Delivery

STUDENT'S SNAIL MAIL:

Remember to check your student's backpack for important papers coming home today!

- Yearbook cover contest information and envelope.

LOOKING AHEAD

- April 16 – No School
- April 19 – No School
- April 28 – Superhero Day
- Mid- late April – CMAS testing
- May 21 – 5th Grade Graduation



3-5TH GRADE CMAS TESTING

Livermore's CMAS testing schedule – See Page 3

On March 26, the Colorado Department of Education announced that the state legislature and U.S. Department of Education reduced the Colorado Measures of Academic Success (CMAS) tests that students will take in spring 2021 due to the unique circumstances Colorado schools and districts are facing as a result of the pandemic. Parents have the options to opt their students out of testing and opt into tests that are optional this year (deadline by April 9). They may do so by completing the necessary forms digitally by logging into [ParentVUE](#) and accessing Services Tracker. Instructions [are available here](#).

CMAS Testing will happen the first week of May at Livermore Elementary.

SAVE THE DATE!

Mountain Schools 5th Grade Graduation dates and times have been set. We are still finalizing details (including the number of guests allowed per student) dependent upon State Covid requirements. We will communicate with families once a final plan is made. For now, Livermore 5th grade parents, please mark your calendars for:

Friday, May 21st at 1:00



QUICK LINKS

>Breakfast and Lunch Menus:

<https://psdschools.nutrislice.com/menu/livermore/breakfast/2021-04-01>

<https://psdschools.nutrislice.com/menu/livermore/lunch/2021-04-01>

>Child Feeling Ill?

Review these [District Guidelines](#) about symptoms and [Returning to Learn](#).

Happy April Birthdays!

4/8 – Lilly, 4/11 – Tanner & Patton,

4/24 – Jaxson, 4/26-Coach Urich,

4/29 – Miss Spanos



April 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy April Birthdays: 4/8 – Lilly, 4/11 – Tanner & Patton 4/24 – Jaxson, 4/26 – Coach Urich, 4/29 – Miss Spanos				1 Afternoon Special MakerSpace/Tech 	2 Afternoon Special P.E. 	3
4	5 Afternoon Special Art 	6 Afternoon Special Life Skills 	7 Afternoon Special Art 	8 Afternoon Special MakerSpace/Tech 	9 Morning Special Virtual P.E. 	10
11	12 Afternoon Special Art 	13 Afternoon Special Life skills 	14 Afternoon Special Art 	15 Afternoon Special MakerSpace/Tech 	16 School Not in Session Staff Work / Exchange Day	17
18	19 School Not in Session Staff Work Day	20 Afternoon Special Music 	21 Morning Special Virtual Art 	22 Afternoon Special MakerSpace/Tech 	23 Afternoon Special Life Skills 	24
25	26 Afternoon Special Music 	27 Afternoon Special Music 	28 Afternoon Special Virtual Art National Superhero Day 	29 Afternoon Special MakerSpace/Tech 	30 Afternoon Special Life skills 	

2013 © Sarah Kirby



Preschool Interest

Are you, or someone you know, interested in the 2021 – 2022 AlphaBest Preschool Program located at Livermore Elementary School?

The AlphaBest Preschool Program at Livermore Elementary is developing a list of parents/guardians who are interested in preschool for their child for the 2021/2022 school year. This not only helps us to prepare for the following year and determine our staffing needs, but also helps you, as parents/guardians, be informed of important upcoming dates and information about registration, funding assistance, and possible upcoming events.

- Preschool registration opens online at www.alphabest.org/poudreco, in mid-July. If you have any questions about the registration process, please contact Ally Castillo with AlphaBest at 972-668-0640.
- The Colorado Preschool Program (CPP) assists with preschool costs. If you have questions or inquiries about CPP, please contact the Fullana Early Learning Center at 970-490-3160.

Preschool Information and Requirements: AlphaBest Preschool is located at Livermore Elementary and will begin the fourth week of August. Preschool is available Monday through Thursday from 8:25 a.m. to 12:25 p.m. (You may choose what day/days work best for your family). Your child must be 3 years old and be able to use the restroom independently.

If you have any questions please contact our Preschool Director, Jaime Merriam, at 970-488-6520 or jmerriam@psdschools.org.



4/8/2021

Dear 3rd – 5th Grade Families,

Earlier this week your student’s teacher started communicating with you regarding state assessments. This is a recap of that same information and a reminder of your student’s options during this testing period.

This spring, Poudre School District will administer statewide assessments. At the Mountain Schools this applies to 3rd through 5th grade. These tests provide valuable information for our school and teachers, who use the data to understand where students are in their learning and tailor instruction accordingly. The district also uses these results to measure overall student academic progress and identify opportunities for improvement.

Normally, students in third through eighth grade participate in Colorado Measures of Academic Success assessments (CMAS) in both English language arts (ELA) and math. This spring, the state legislature and U.S. Department of Education reduced the number of CMAS tests students will be required to take. Depending on their grade they will now only be required to take either English language arts or math.

Mountain Schools Testing Dates	Grade	Required Test	Optional Test
May 4 th – May 6 th	3 rd and 5 th	English language arts	Math
May 4 th – May 6 th	4 th	Math	English Language Arts

Your student has three options:

1. **Your student can take just the required test for their grade.** No further steps are required. Your student will test on their required subject at school during the testing dates outlined above.
2. **You can opt your student in to do both the English Language Arts and/or Math in addition to the required testing subject** (this is the optional column above). To opt your student in to the optional testing subject above please follow the directions on this form: [Opting Students *In* to Additional CMAS ELA and Math Assessments](#). **Reminder: the deadline for this form is tomorrow, April 9th.**
3. **You can excuse your student from all state assessments.** To excuse your student from state assessments, you may complete a Parent Excusal form digitally by logging into [ParentVUE](#) and accessing Services Tracker. Instructions and screenshots on how to do this can be found [here](#). You may also print a PDF version of the "2020-21 Opt Out of State Testing Form" and return it to your school. Forms are available in [English](#), [Spanish](#) and [Arabic](#). **Reminder: the deadline for this form is tomorrow, April 9th.**

If you decide to opt out, we strongly encourage you to keep your student home on our scheduled testing days, due to COVID-19 protocols. Absences will be excused. For further details, please call your school.

If your child is ill on a testing day, they should not come to school and follow the [Return to Learn guidelines](#) or [PSD COVID-19 protocols](#). Families may contact us to discuss makeup options.

For more information about state assessments, visit the Colorado Department of Education [website here](#).

Please let me know if you have any questions and thank you for your support.

Sincerely

Tom Schachet
PSD Mountain Schools
tschache@psdschools.org

Dear Families of Livermore Elementary School,

The Livermore Elementary year book is coming out soon and we need a front cover. If your child likes to draw, he/she can submit their drawing to possibly be on this year's front cover.

Requirements:

- Drawing should be your **CHILD'S original** drawing. No copies, tracings or help from others please.
- Drawing should include our mascot (mountain lion) and the words "Livermore Elementary 2020-2021"
- Use a blank sheet of paper 8 ½ x 11 inches.
- Drawings should be oriented with the long edges of the paper along the sides and the short edges at top and bottom.
- Your child's name on the back of the drawing in pencil.
- Drawing submitted in envelope provided. Seal the envelope at home and both you and your child sign their name across the sealed opening before bringing to school. (we are trying to promote fair and anonymous voting by our students).

Drawings are due by Tuesday April 20, 2021.

Students should turn them in to their classroom teacher, Mrs. Vaad or Mrs. Wurtz



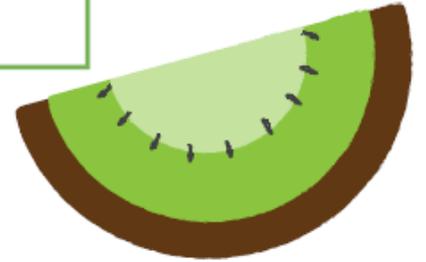
This Photo by Unknown Author is licensed under CC BY NC



This Photo by Unknown Author is licensed under CC BY

Here are the fruit and veggie that your children learned about in lunches this week. For a chance to earn more points in the Fruit and Veggie game, have your child bring in a fun fact or fun way of eating these from home!

KIWI



- One kiwi has nearly two-and-a-half times the recommended daily allowance of Vitamin C!
- Two servings of kiwi has more fiber than a bowl of bran cereal!
- The seeds in kiwi fruit are excellent sources of omega-3 fatty acids which have been shown to promote heart health.
- Kiwis have the best balance of nutrients per calorie making them a great snack choice!

FUN WAYS TO EAT KIWI

- Wash well and eat with the skin!
- Blend in a smoothie
- Sprinkle into yogurt
- Mix into a fruit salad
- Make into a sorbet
- Add to a breakfast cereal

HOW DO THEY GROW?

The kiwi plant is a climber and grows by twisting around its supporting structure.

The plant will produce fruit for up to 30 years. Kiwis are delicate and are picked by hand to avoid damage.

BROCCOLI



FUN WAYS TO EAT BROCCOLI

- Roast or saute with fresh herbs
- Add to an omelet
- Chop into a fresh salad
- Use as a pizza topping
- Dip in your favorite dressing or hummus
- Use in a hearty veggie soup

- Broccoli originated in Italy, where it was developed from wild cabbage and has existed since about sixth century B.C.
- Broccoli is a great source of fiber and vitamin C, and is a good source of protein. Broccoli is also packed with phytochemicals and antioxidants, which can help boost your immune system!

HOW DOES IT GROW?

- Broccoli grows best in the cooler season and prefers temperatures between 65 and 75 F.
- Once you cut off the main stalk, side stalks will begin sprouting so you can harvest broccoli all growing season long.



2021



View a full schedule of [Phase Planning](#)



Read PSD's updated [COVID-19 protocols](#)



Review PSD's 2020-21 protocols for [Health & Safety](#)



More information: [PSD's 2020-21 School Year and COVID-19 data](#)

Poudre School District

2407 LaPorte Avenue,
Fort Collins, CO 80521
970-482-7420

www.psdschools.org
info@psdschools.org



Quarantining during the second semester Poudre School District's [protocols](#) for voluntary shortened quarantines, meeting public health criteria

Quarantine vs. Isolation: Both help slow the spread of COVID-19

Quarantine: *stay home*

- For anyone who is a close contact of someone with COVID-19; health department issues legal orders
- **10 days** from last date of exposure in most instances
- **14 days** from last date of exposure if case involves a COVID-19 variant
- Cannot participate in PSD or non-PSD athletics, activities, etc.
- **New for second semester:** When PSD COVID-19 Response Teams conduct contact tracing investigations, they will submit names of all possible close contacts of a case to LCDHE. LCDHE will verify whether anyone on the list has been fully vaccinated. Those who have a verified vaccination status will not have to quarantine.

Isolation: *stay away* from other people, including in your household

- For anyone diagnosed with COVID-19; health department issues legal orders
- **10 days** from the date symptoms started until symptoms improve and at least **24 hours fever-free** without using fever-reducing medicines; can return to activities on **11th day**
- If no symptoms, isolate **10 days** from date you were tested, returning to activities on **11th day**
- Cannot participate in PSD or non-PSD athletics, activities, etc.
- Testing is not required or recommended to leave isolation because it is possible to test positive for up to 90 days after recovering, even though you are no longer able to spread the virus to others



PSD's new quarantine protocols

As allowed by [county](#) and state public health guidance effective March 22, asymptomatic staff and student close contacts can voluntarily end their quarantines early if they meet strict criteria and are approved by PSD COVID-19 Response Teams to do so.



When asymptomatic close contacts *can* leave quarantine early

The [Centers for Disease Control and Prevention](#) accepts two alternative options for quarantine:

- **7-day option:** if no symptoms, a person may quarantine for 7 days and return to normal activities on day 8 if a negative test was collected within the previous 48 hours (on day 6 or later).
- **10-day option:** if it has been 10 days since a person was exposed and they do not have symptoms, they can return to normal activities on day 11 without a test.
- Test negative on any (PCR, BinaxNOW, Abbott ID NOW, etc.) COVID-19 test
- Start the process by contacting the respective department or school COVID-19 Response Team. Written documentation of negative test results is required
- Obtain approval from PSD COVID-19 Response Team before ending quarantine early and returning to school or work



Note: Symptomatic close contacts of a case must either isolate for 10 days from symptom onset (if they test negative after symptom onset) or quarantine for 14 days. Those with illness symptoms should follow [Colorado Department of Public Health and Environment \(CDPHE\) Return to Learn guidance](#) for schools.



When asymptomatic close contacts *cannot* return early

The option to end quarantine and return to PSD classes and athletics/extracurricular activities early only applies to cases where a student may access a class and/or activity in-person.

- In elementary schools, all students in a classroom are shifted to remote education for 10 days from the last date of exposure to a COVID-19 case. During this time, the educational option is remote learning. **Students may not "test back" into class early because the classroom will remain closed to all until a date communicated by the school.**
- If an elementary classroom is open to in-person learning, an elementary student could be cleared to complete quarantine early and return to class. E.g. Student is identified as a close contact of a COVID-19 case in their household but there is no case at school, so the class isn't shifted to remote learning.
- If a case involves a COVID-19 variant (see Quarantine vs. Isolation for more).



PSD believes access to education is critical to student success. This change also aligns with the CDPHE's recent loosening of organized sports guidelines. Additionally, the [Larimer County Department of Health and Environment \(LCDHE\)](#) has reported that more students who test positive for COVID-19 but are asymptomatic have been discovered because they were tested as part of the process to end their quarantines early at other schools in the county that have already implemented this protocol.

The 3 W's
to reduce risk of COVID-19
3 medidas para reducir el riesgo de contraer la COVID-19

- WEAR** a mask
USAR tapabocas
- WASH** your hands
LAVARSE las manos
- WATCH** your distance
MANTENER su distancia

IMPORTANT! If you have any symptoms related to COVID-19, please do not enter this building. **¡IMPORTANTE!** Si tiene algún síntoma relacionado con la COVID-19, no entre a este edificio.

Sources: [Larimer County Department of Health and Environment](#), [Colorado Department of Public Health and Environment](#), [Centers for Disease Control and Prevention](#)



Vaccinations, PPE and quarantines

Vaccinated individuals will continue to follow all health and safety and personal protective equipment guidelines.

[LCDHE](#) is following CDC guidance for fully vaccinated individuals (14 days after final dose: Refrain from quarantine if not symptomatic). When there is a COVID-19 case, the respective PSD department or school COVID-19 Response Team (CRTs) will conduct a contact tracing investigation

with LCDHE. CRTs submit information to LCDHE for any one identified as a possible close contact of the case. LCDHE will verify state vaccination records to determine whether anyone on the list is fully vaccinated. If they are, that individual will not be quarantined.



STEM-X

SPARK PASSION. BUILD CONFIDENCE. INSPIRE ACTION.

June 7-18, 2021 Summer Programs

Elementary | 3rd - 5th grade*
Middle School | 6th-9th grade*
(*Students entering these grades in Fall 2021)

Open to ALL students from any public, private, or international school.
Fee waivers available to those who qualify.

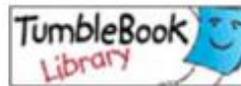


Apply online: stem-x.org



Keep Kids Reading

With



is an online collection of animated, talking picture books, read-alongs, graphic novels, ebooks, educational games, and reading comprehension quizzes



Read-along, read alone, or read with a parent. Over 1400 books available with reading levels from grades K through 6.

You'll need your Red Feather Library card to access – Or, to start out, use the barcode

27111000099992

Go online at redfeatherEasyBooks.org

(or <https://bit.ly/3m51Uix>)

Red Feather Lakes Community Library

71 Firehouse Lane, Red Feather Lakes, CO 80545

Need assistance? 970-881-2664 or help@redfeatherlibrary.org

Made possible by a grant through the CO State Library & Institute of Museum & Library Services